

**Associates in Ear, Nose, Throat & Facial Plastic Surgery, PA**

**Facial Plastic and Cosmetic Surgery • Electronystagmography  
Head and Neck Surgery • Pediatric Otolaryngology**

**Instructions for Washing Ear with Hydrogen Peroxide  
and Alcohol and Boric Solution**

**Equipment Needed:**

Hydrogen Peroxide	2oz. Ear and Ulcer Syringe (Bulb)
Alcohol and Boric Solution	1oz. Medicine Glass

1. Take medicine glass with 1 oz. hydrogen peroxide in it, fill the 2 oz. bulb, holding glass under ear being washed and squirt the hydrogen peroxide into the ear, letting the medicine glass catch the washings. Refill the bulb with the same hydrogen peroxide and squirt again into the ear. Do this six (6) times.
2. Take about 1 oz. alcohol and boric solution and do the same with this six (6) times.
3. Next, dry the ear well taking the empty ear and ulcer syringe, and blowing air into ear for several minutes or until ear is dry.
4. If you are given ear drops to use, fill ear canal and leave solution in ear for thirty (30) minutes, and then let the medicine run out of ear, and using bulb again, dry well.