

Associates in Ear, Nose, Throat & Facial Plastic Surgery, PA

**Facial Plastic and Cosmetic Surgery • Electronystagmography
Head and Neck Surgery • Pediatric Otolaryngology**

Instructions for Boric Acid and Alcohol Mixture

You need:

1. Rubbing alcohol 70% (1 pint bottle) - buy at pharmacy
2. Boric acid powder available without prescription (pharmacy or hardware store)
3. Dropper - to allow you to put drops in the ear

Instructions:

1. Place 1 teaspoon of boric acid powder in 1 pint rubbing alcohol
2. Shake to dissolve - this is your stock bottle

Directions for use:

1. Using dropper, place 4-5 drops into affected ear, place cotton ball
2. Keep ear up for 5-10 minutes to avoid spilling
3. Drops may sting initially, if they do, empty ear and try again later
4. Do this two times a day