

SOMNOPLASTY
PROCEDURE PRE-OP INSTRUCTIONS

You will shortly be undergoing The Somnoplasty Procedure. In order to achieve the best results, you should carefully follow these instructions:

1. NO ASPIRIN ten (10) days prior to your surgery. This also includes aspirin containing substances such as Alka-Seltzer, Anacin, etc.
2. You can continue taking medicine you routinely take e.g. cardiac, diabetic, high blood pressure medications.
3. Eat a light meal.
4. You should make arrangements for someone to drive you home after the procedure.
5. Your procedure is scheduled for _____ at _____.
6. Please call the day before your procedure to confirm your time.